



Walsall School Nursing Service

Our Core Intervention Offer to Children, young people and families

Someone you know and can trust...

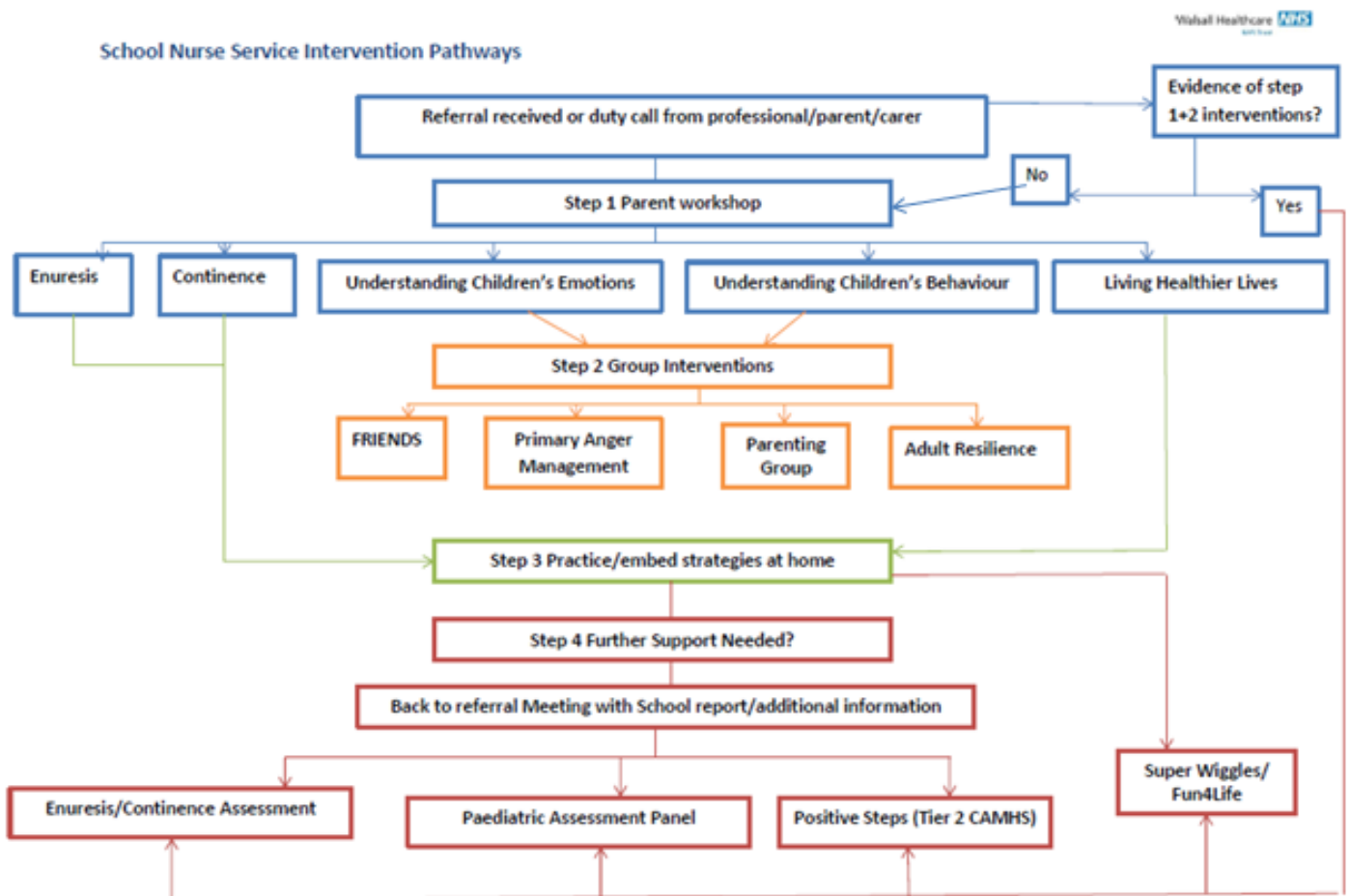
Your School Nursing Service can work both in and out of School to help provide or find you support about:

- Keeping Healthy**
- Immunisations**
- Emotional Health**
- Weight Management**
- Sexual Health**
- Drugs and Alcohol**
- Smoking**

The School Nursing Service delivers the Healthy Child Programme 5-19. More detail can be found at:

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/492086/HCNCP_5_to_19.pdf

As part of this programme we offer a range of interventions which take a stepped approach to supporting children, young people and their families.



We accept referrals from any professional or directly from parents/carers and young people. We will use the information that the person making the referral provides to us to make advice which step of intervention might best support the child, young person or their family.

Step One

If the family have not accessed any support prior to referral to our service then we will advise that they access one of our workshops.

We offer a range of workshops which include:

- ❖ Understanding your child's behaviour
- ❖ Understanding children's emotional
- ❖ Healthy Living
- ❖ Enuresis (bedwetting)
- ❖ Managing continence and toilet training

Each workshop follows a similar format which includes:

- ❖ Information about the topic in covered in the workshop
- ❖ Top tips to try at home
- ❖ Groups and other interventions offered by the School Nursing Service
- ❖ Accessing other interventions from other providers
- ❖ Working with your child's school (Behaviour and Emotion workshops)

Step Two

If the family need more support after attending one of our workshops then we will advise the following

- ❖ For behaviour and/or emotional health problems then we deliver a FRIENDS resilience programme, anger management group for primary age children and a range of parenting groups.
- ❖ For children and young people who are very over weight we will sign post to Super Wiggles or Fun4Life.

Step Three

Most problems do not resolve immediately. It is important that when children, young people and parents/carers have accessed workshops and/or group programmes that they then practice the strategies that they have learnt. It is usually sensible to try the strategies provided for a period of at least 4-6 weeks and make a record of any changes that parents notice.

Step Four

If after a recommended period of using the strategies the problem does not resolve, then we will ask parents to contact us to make an appointment for the child, young person and parent/carer to see a School Nurse for a health review. Alternatively, we might arrange for an appointment to see a paediatrician, mental health professional, physiotherapist, occupational therapist or speech and language therapist.

Multi-Disciplinary Paediatric Referral Panel

Each week a School Nurse meets with other professionals' including paediatricians, mental health professionals, physiotherapists, occupational therapists or speech and language therapists to discuss referrals that each service has received.

If the School Nurse Service receives a referral from a professional and the referral provides appropriate information which might include e.g.

- ❖ A school report
- ❖ Details of interventions already tried
- ❖ Reports from a SENCo or psychologist
- ❖ Details about any Special Education assessments
- ❖ Early Help assessments

Then the child's referral will be discussed at the Multi-Disciplinary Paediatric Referral Panel and the child might be sent an appointment with one of the services mentioned above.

If you require any further information about our core intervention offer then please contact the School Nursing Service

Contact details

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